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Evaluation of transcutaneous carbon dioxide and saturation monitoring during fiberoptic bronchoscopy

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ABSTRACT

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Introduction: The aim of the study was to assess the effects of interventions during bronchoscopy on ventilation and determine the risk factors for hypoventilation related to both interventions and patients' demographical and clinical characteristics.

Materials and Methods: A total of 74 patients who underwent fiberoptic bronchoscopy (FOB) were included in the study. Oxygen saturation (SpO_2) and partial carbon dioxide pressure (PCO_2) were measured transcutaneously ($TcSO_2$ and $TcPCO_2$) using a sensor consisting of a probe placed on the earlobe. The demographic characteristics and basal, mean, peak and minimum values of $TcSO_2$ and $TcPCO_2$ during FOB were retrospectively analyzed and assessed in terms of the risk factors for hypoventilation.

Results: During the procedure, the device automatically recorded the $TcSO_2$ and $TcPCO_2$ values. The mean $TcPCO_2$ level was 37.09 ± 5.6 (27.1-60.6) mmHg. The mean increase in the $TcPCO_2$ level from baseline was 3.25 ± 2.12 mmHg. The mean $TcSO_2$ measurement was 95.9 ± 2.27 (80-100%). The measured mean and peak $TcPCO_2$ values were significantly higher in men. In the whole group, the patients with a history of smoking more than 20 pack-years also had significantly higher $TcPCO_2$ values compared to the non-smokers and light smokers. In the patients with endobronchial lesions, the decrease in the $TcSO_2$ level was higher during FOB ($p=0.03$), and the mean difference between the lowest and mean $TcSO_2$ levels was significantly greater (6.2 vs 4.55%, $p=0.03$).

Conclusion: Changes in ventilation during FOB have multifactorial causes. The best indicator of ventilation is PCO_2 , and monitorization of PCO_2 is very

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important in detecting hypoventilation. In this study, we determined some risk factors for hypoventilation in order to predict ventilation problems in patients planned to undergo FOB. We recommend that in male patients with endobronchial lesions, those with a longer smoking history, and those with a longer duration of FOB, SpO_2 should be monitored together with PCO_2 .

Key words: Bronchoscopy; saturation; ventilation

ÖZ

Fiberoptik bronkoskopi sırasında transkütanöz karbondioksit ve saturasyon monitorizasyonunun değerlendirilmesi

Giriş: Çalışmamızda, bronkoskopi sırasında uygulanan işlemlerin ventilasyon üzerine olan etkileri ile hastanın klinik ve demografik verileri ile ilişkili hipoventilasyon için risk faktörlerinin belirlenmesi amaçlanmıştır.

Materyal ve Metod: Çalışmaya fiberoptik bronkoskopi (FOB) işlemi yapılan 74 hasta dahil edilmiştir. Oksijen saturasyonu (SpO_2) ile parsiyel karbondioksit basıncı (PCO_2) transkütanöz olarak ($TcSO_2$ ve $TcPCO_2$) kulak memesine yerleştirilen bir prob aracılığı ile ölçüm yapan alet ile ölçülmüştür. Hastaların demografik özellikleri ile FOB sırasında kaydedilmiş olan bazal, ortalama, en yüksek ve en düşük $TcSO_2$ ve $TcPCO_2$ değerleri retrospektif olarak incelenmiş ve hipoventilasyona neden olabilecek risk faktörleri değerlendirilmiştir.

Bulgular: İşlem sırasında ölçülen ortalama $TcPCO_2$ 37.09 ± 5.6 (27.1-60.6) mmHg olup, değişimi 3.25 ± 2.12 mmHg (artarak) olarak bulundu. Ortalama $TcSO_2$ değeri $\%95.9 \pm 2.27$ (80-100) olarak saptandı. İzlenen ortalama ve en yüksek $TcPCO_2$ değerlerinin erkeklerde daha yüksek olduğu saptandı. Tüm grupta sigara öyküsü 20 paket-yıl üstü olanlarda $TcPCO_2$ değerleri, daha düşük miktarlarda içen ve hiç içmemişlere göre daha yüksek bulundu. FOB'da endobronşial lezyonu olan hastalarda $TcSO_2$ düzeyleri işlem sırasında daha düşük saptandı ($p = 0.03$); ortalama $TcSO_2$ ile en düşük $TcSO_2$ arasındaki ortalama fark endobronşial lezyonu olan hastalarda daha yüksek görüldü ($\%6.2$ ve 4.55 ; $p = 0.03$).

Sonuç: Fiberoptik bronkoskopi sırasında gelişen ventilasyon değişiklikleri multifaktöryel bir olaydır. Ventilasyonun en iyi göstergesi PCO_2 'dir ve özellikle gelişen hipoventilasyonu saptamak adına PCO_2 monitorizasyonunun önemi aşikardır. Yaptığımız çalışmanın sonucunda FOB işlemine girecek hastalarda gelişebilecek ventilasyon problemlerini öngörmek için bazı risk faktörleri belirlenmiştir. Özellikle FOB işlemi uzun süren, endobronşial lezyonu olan, erkek cinsiyette ve sigara içmiş hastalarda SpO_2 ile birlikte PCO_2 izleminin yapılması tarafımızca önerilmektedir.

Anahtar kelimeler: Bronkoskopi; saturasyon; ventilasyon

INTRODUCTION

Fiberoptic bronchoscopy (FOB) is one of the most frequently used procedures for the visual examination of the bronchial tree for diagnostic and therapeutic purposes. FOB is a safe procedure with a complication rate of approximately 0.1% (1). However, during FOB, there is a risk for the patient to get hypoventilated due to several mechanisms, including upper airway obstruction, sedatives given before the intervention, and ventilation-perfusion mismatch related to the procedure itself (2). The best indicator for hypoventilation is partial carbon dioxide pressure (PCO_2), and arterial oxygen saturation (SaO_2) alone is not able to predict ventilation problems (3).

During FOB, although hypoxemia can be detected by an oximeter, the best indicator of ventilation, PCO_2 , cannot be easily determined (1). Without any oxygen support, oxygen desaturation can suddenly occur under conscious sedation. In these cases, a pulse oximeter is a useful tool to detect ventilation abnormalities (4). In many interventional pulmonology clinics, oxygen is routinely applied to these patients during bronchoscopy. However, due to the oxygen

dissociation curve, alveolar carbon dioxide pressure increases just before the patient gets significant hypoxemia. In addition, in patients under oxygen support, carbon dioxide retention can develop, and therefore the possibility of respiratory insufficiency findings must always be kept in mind (5).

Arterial blood gas analysis is the gold standard method to measure the blood carbon dioxide level, but researchers have attempted to develop alternative methods since this analysis not only has certain side effects, including pain and risk of thrombosis but it is also expensive and cannot be used to monitor the changes in values (6). Currently, carbon dioxide pressure measurements with a cutaneous digital sensor are reported to be well correlated with the results of an arterial blood gas analysis (7-9). Previous studies have investigated the transcutaneous monitoring of PCO_2 during some medical procedures. A study conducted by Heuss et al. showed increased PCO_2 levels during thoracoscopy and colonoscopy (10). In another study, patients were monitored during FOB to evaluate the feasibility of transcutaneous measurement in determining ventilation problems (1).

Different from these previous studies, we performed arterial blood gas measurements as reference to determine the accuracy and correlation of automatic transcutaneous measurements by the device.

The purpose of the study was to monitor oxygen saturation (SpO₂) and PCO₂ levels during FOB, determine the alterations in these levels under local anesthesia and sedation, assess the effects of interventions and duration of bronchoscopy on ventilation, and identify the risk factors for hypoventilation related to both interventions in line with the patients clinical and demographical characteristics. We also aimed to investigate the correlation between the SpO₂ and PCO₂ values obtained by an arterial blood gas analysis and the transcutaneous measurements of these values by a dedicated device.

MATERIALS and METHODS

A chart review was conducted on 81 patients aged over 18 years, who were referred to the interventional pulmonology clinic for FOB between June 2015 and June 2016. A total of 81 patients' medical records were retrospectively analyzed. Patients with severe chronic obstructive pulmonary disease (COPD), who were found to have an SaO₂ value of ≤90% and/or arterial carbon dioxide pressure (PaCO₂) of >50 mmHg before FOB, were excluded. In addition, due to the increased hypoventilation risk, obese patients [body mass index (BMI) ≥30] were also excluded. Lastly, the patients with missing medical records were not included in the study. After applying these exclusion criteria, the sample consisted of 74 patients. The study was approved by the local ethical committee (33/02) and conducted in accordance with the principles of the Declaration of Helsinki. Informed consent was obtained from each participant.

The blood pressure and body temperature values of the patients were evaluated before the procedure, and all were in the normal ranges. The operating room temperature was maintained at 24°C using an air conditioner.

The baseline demographic data, smoking history, comorbidities, and FOB indications were recorded. FOB was performed with an Olympus CV-200® device. The pulmonary function test was conducted using Jaeger MasterLab Pro®. We also examined the initial chest radiographs and chest computed tomography scans and noted the presence of any pleural effusion and/or mass.

Prior to FOB, we transcutaneously measured oxygen saturation and partial carbon dioxide pressure (TcSO₂ and TcPCO₂), sampled arterial blood gas simultaneously, and compared the values obtained with these two methods. The probe of the device (v-Sign-sensor; SenTec AG, Therwil, Switzerland) was placed on the earlobe of the patients to monitor and record the TcSO₂ and TcPCO₂ values continuously throughout the procedure. The mean, lowest and highest values of TcSO₂ and TcPCO₂ were calculated by the device automatically. The patients were premedicated with intramuscular 5 mg midazolam and local lidocaine before FOB. The duration of the procedure and interventions were also noted. The duration of the procedure was recorded as the time between inserting the fiberoptic bronchoscope through the nasal/oral passage and the removal of the bronchoscope.

The statistical analysis was performed employing R 3.3.2 for Windows. The quantitative data were presented as mean ± standard deviation (min-max) and the qualitative data as number and percentages. The Kolmogorov-Smirnov test revealed that the data were normally distributed; thus, we performed Student's t-test to compare ventilation parameters between the subgroups. In order to evaluate the quality of data and accuracy, the carbon dioxide and saturation values measured by the device and the results of the arterial blood gas analysis were compared. A linear regression analysis was performed to determine the correlation between the variables, and the R² and p values were interpreted. The receiver operating characteristic (ROC) curve analysis was used to determine the cut-off, area under curve (AUC), sensitivity and specificity values for the duration of FOB in predicting hypoventilation (TcSO₂ ≤90%). A value of p<0.05 was considered as statistically significant.

RESULTS

In this study, the data of 81 patients were collected but 7 were not found to be eligible, and therefore excluded from the study. One of these 7 patients had a BMI of ≥30 and the remaining 6 had incomplete medical records. Of the 74 patients enrolled in the study, 50 were male and 24 were female. The mean age of the patients was 61 ± 13.43 (27-91) years. The clinical and demographic data of the patients are shown in Table 1. All the patients were treated with oxygen via cannula during the procedure, and none developed severe respiratory depression that led to the termination of the procedure. The most common

Table 1. Patients' clinical and demographic data

| Characteristics | |
|---|---------------------------|
| Age, (mean \pm SD) (years) (range) | 61.05 \pm 13.43 (27-91) |
| Gender, n (%) | |
| Male | 50 (67.56) |
| Female | 24 (32.44) |
| Smoking history, n (%) | |
| Never smoked | 27 (36.49) |
| <20 pack-years | 9 (12.16) |
| \geq 20 pack-years | 38 (51.35) |
| Arterial blood gas values (mean \pm SD) | |
| PaCO ₂ (mmHg) | 37.22 \pm 4.66 |
| SaO ₂ (%) | 96.94 \pm 2.46 |

SD: Standard deviation, PaCO₂: Arterial carbon dioxide pressure, SaO₂: Arterial oxygen saturation.

indication for FOB was suspicion of malignancy (n = 58, 78.4%) based on the presence of abnormal findings in imaging modalities, including masses, nodules, or pleural effusion. Six (8.1%) of the patients underwent FOB for tuberculosis, 2 (2.7%) for hemoptysis, and 8 (10.8%) for other reasons. The mean duration of the procedure was 19.5 \pm 8.3 (5-45) minutes. Among the 74 patients, bronchial lavage and biopsy were performed in 41%, bronchial lavage and brushing in 27%, only bronchial lavage in 27%, brushing and biopsy in 2%, and control bronchoscopy without any intervention in 3%.

In order to evaluate the correlation between the device measurements and arterial blood gas analysis

as the gold standard method, we took an arterial blood gas sample from the patients before FOB and simultaneously recorded the TcSO₂ and TcPCO₂ values with the sensor during the procedure. Statistically significant correlations were found between the values obtained by arterial blood gas analysis and sensor measurements (Figures 1 and 2).

The TcSO₂ and TcPCO₂ values measured and recorded by the sensor during FOB are summarized in Table 2. The mean TcPCO₂ level was 37.09 \pm 5.6 (27.1-60.6) mmHg. The mean increase in the TcPCO₂ level from baseline was 3.25 \pm 2.12 mmHg, and the maximum increase was 11.2 mmHg. The mean TcSO₂ measurement was 95.9 \pm 2.27 (80-100)%, and the

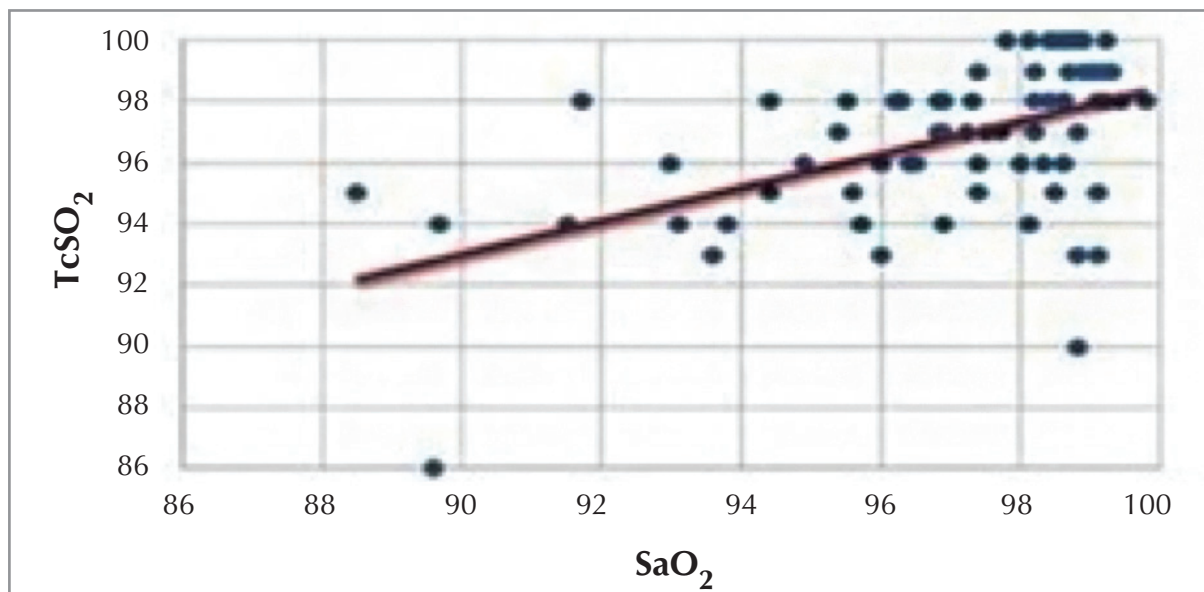


Figure 1. Scatter plot showing the correlation between SaO₂ and TcSO₂ ($p < 0.001$, $r = 0.25$). A linear regression analysis was performed to determine the correlation between TcSO₂ and SaO₂.

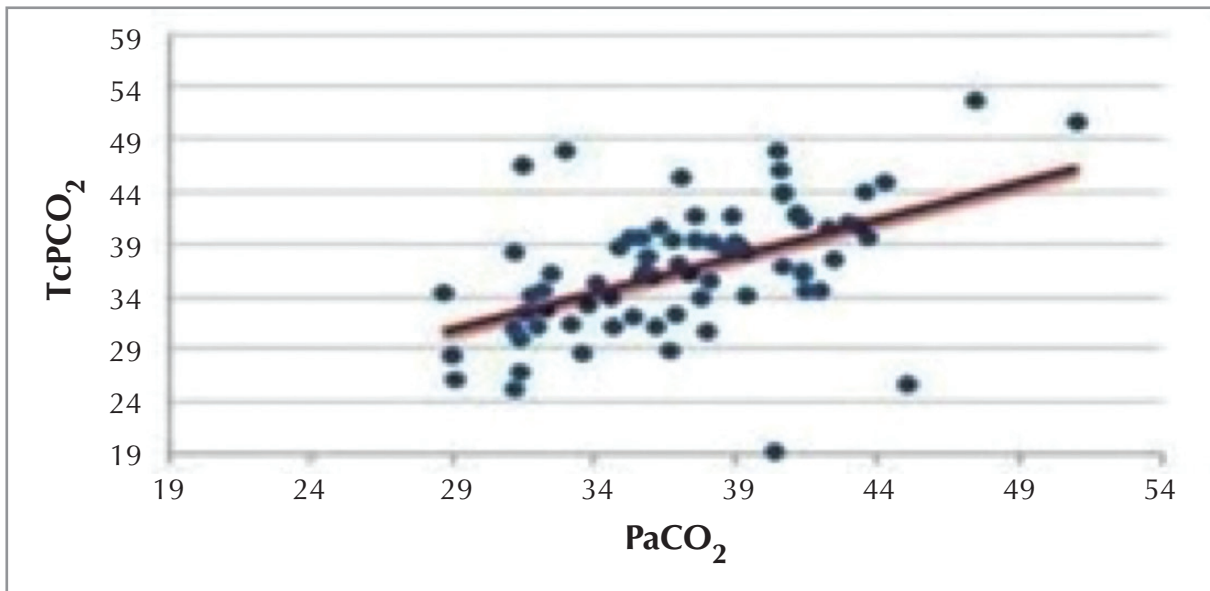


Figure 2. Scatter plot showing the correlation between PaCO_2 and TcPCO_2 ($p < 0.001$, $r = 0.25$). A linear regression analysis was performed to determine the correlation between TcPCO_2 and PaCO_2 .

Table 2. TcSO_2 and TcPCO_2 values measured by the sensor during bronchoscopy

| | TcPCO_2 (mmHg) | | TcSO_2 (%) |
|--|-------------------------|-------------|---------------------|
| Mean* | 37.09 ± 5.6 | Mean* | 95.9 ± 2.27 |
| Peak | 60.6 | Lowest | 80 |
| Difference* | 3.25 ± 2.12 | Difference* | 5.11 ± 3.17 |
| *Values are expressed as means \pm standard deviation. TcSO_2 : Transcutaneously measured saturation, TcPCO_2 : Transcutaneously measured carbon dioxide. | | | |

mean decrease in TcSO_2 during the procedure was 5.11 ± 3.17 (1-15)%.

An analysis was performed to determine the risk factors for developing hypoventilation, and the data are summarized in Table 3 and 4. The mean and peak TcPCO_2 levels were significantly higher in males than in females ($p = 0.0027$ and $p = 0.001$, respectively). Furthermore, the patients with a smoking history of more than 20 pack-years also had significantly higher TcPCO_2 levels compared to the non-smokers and light smokers ($p = 0.001$). However, there was no significant relationship between the ventilation parameters and coexistent pleural effusion and COPD history. In the patients with endobronchial lesions, the decrease in the TcSO_2 level during FOB was higher compared to those without endobronchial lesions ($p = 0.03$), and the mean difference between the lowest and mean TcSO_2 levels was significantly

greater in the patients with endobronchial lesions (6.2 vs 4.55%, $p = 0.03$).

The ROC analysis revealed that the optimal cut-off value for FOB duration in predicting hypoventilation was 15 minutes (AUC = 0.669, 95% confidence interval: 0.546-0.791) with a sensitivity of 89.7% and specificity of 33%. We determined that the FOB duration being longer than 15 minutes and the presence of complex interventions, such as biopsy and brushing were associated with lower TcSO_2 levels ($p = 0.009$ and $p = 0.04$, respectively). Although the association between the forced expiratory volume in one second (FEV_1) and ventilation parameters was statistically non-significant, the forced vital capacity was significantly related with lower peak and mean TcPCO_2 values ($p = 0.01$ and $p = 0.03$).

Table 3. Mean and maximum TcPCO₂ values according to the risk groups

| | Mean TcPCO ₂ (mmHg) | p | Maximum TcPCO ₂ (mmHg) | p |
|----------------------|--------------------------------|---------|-----------------------------------|--------|
| Age | | | | |
| ≥65 y | 37.4 ± 4.8 | 0.90 | 40.2 ± 5.3 | 0.71 |
| <65 y | 36.9 ± 6 | | 40.4 ± 7 | |
| Gender | | | | |
| Female | 34.2 ± 3.8 | 0.0027* | 37.2 ± 3.9 | 0.001* |
| Male | 38.5 ± 5.8 | | 41.8 ± 6.8 | |
| Smoking (pack-years) | | | | |
| ≤20 | 35.2 ± 4.5 | 0.001* | 38 ± 4.9 | 0.002* |
| >20 | 39 ± 6 | | 42.6 ± 6.9 | |
| COPD | | | | |
| Yes | 36.1 ± 4.9 | 0.5 | 39.4 ± 4.9 | 0.43 |
| No | 37.4 ± 5.8 | | 40.6 ± 6.7 | |
| FEV ₁ (%) | | | | |
| ≥80 | 35.7 ± 4.8 | 0.43 | 39 ± 5.7 | 0.38 |
| <80 | 39.1 ± 5.6 | | 42.5 ± 6.8 | |
| FVC (%) | | | | |
| ≥80 | 36 ± 4.6 | 0.03* | 39 ± 5.2 | 0.01* |
| <80 | 38.7 ± 5.9 | | 42.2 ± 7.1 | |
| Pl. effusion | | | | |
| Yes | 37.8 ± 6.5 | 0.75 | 40.7 ± 8.2 | 0.52 |
| No | 36.7 ± 6 | | 40.2 ± 8.8 | |
| Duration | | | | |
| ≤15 min | 36.5 ± 5.3 | 0.23 | 39.2 ± 5.8 | 0.32 |
| >15 min | 37.5 ± 5.8 | | 41 ± 6.7 | |
| EBL | | | | |
| Yes | 37.9 ± 5.4 | 0.33 | 41.3 ± 5.5 | 0.36 |
| No | 36.7 ± 5.7 | | 39.8 ± 6.8 | |
| Intervention | | | | |
| Complex | 37.4 ± 5.7 | 0.33 | 40.8 ± 6.4 | 0.48 |
| Simple | 36.4 ± 5.4 | | 39.3 ± 6.3 | |

* Statistically significant.

Values are expressed as mean ± standard deviation. T-test was performed to compare the ventilation parameters between the subgroups.

Tc: Transcutaneously measured values, y: Years, EBL: Endobronchial lesion, FEV₁: Forced expiratory volume in 1 second, FVC: Forced vital capacity.

DISCUSSION

The use of non-invasive methods to determine the SpO₂ and PCO₂ levels compared to the arterial blood gas analysis has numerous advantages, including less complications and continuous recording of measurements. In particular, the risk of hypoventilation is increased in interventions with a long duration. Hypoventilation during interventions is a multifactorial issue that can occur through several mechanisms, including upper airway obstruction, alveolar hypoventilation secondary to sedatives given just before the procedure, and ventilation-perfusion mismatch caused by the intervention itself (2). Current

guidelines recommend sedation before bronchoscopy in order to improve patient comfort and reduce complications (11). However, the use of sedatives alone or in combination can cause hypoventilation. In our clinic, we premedicate patients only with low dose of midazolam and local lidocaine. Obesity is another important reason for hypoventilation, and therefore we excluded patients with a BMI of ≥30 from our sample. The best indicator of hypoventilation is an increased PaCO₂ level, and SaO₂ alone is not sufficient to assess ventilation (3).

The British Thoracic Society (BTS) guidelines warn clinicians to be careful about respiratory insufficien-

Table 4. Mean and minimum TcSO₂ values according to the risk groups

| | Mean TcPCO ₂ (mmHg) | p | Maximum TcPCO ₂ (mmHg) | p |
|----------------------|--------------------------------|-------|-----------------------------------|--------|
| Age | | | | |
| ≥65 y | 95.7 ± 2.7 | 0.44 | 89.9 ± 4.5 | 0.14 |
| <65 y | 96.1 ± 2 | | 91.4 ± 4.1 | |
| Gender | | | | |
| Female | 95.3 ± 2.5 | 0.08 | 90 ± 4.5 | 0.73 |
| Male | 96.3 ± 2.1 | | 91.2 ± 4.2 | |
| Smoking (pack-years) | | | | |
| ≤20 | 95.9 ± 2.3 | 0.84 | 90.9 ± 4.3 | 0.91 |
| >20 | 96 ± 2.3 | | 90.8 ± 4.3 | |
| COPD | | | | |
| Yes | 95 ± 2.7 | 0.07 | 89 ± 5.5 | 0.05 |
| No | 96.2 ± 2.1 | | 91.3 ± 3.8 | |
| FEV ₁ (%) | | | | |
| ≥80 | 95.4 ± 2 | 0.06 | 90.4 ± 3.7 | 0.71 |
| <80 | 96.1 ± 2.3 | | 90.7 ± 4.7 | |
| FVC (%) | | | | |
| ≥80 | 95.5 ± 2.3 | 0.38 | 90.6 ± 4 | 0.59 |
| <80 | 96 ± 2.1 | | 90.5 ± 4.5 | |
| Pl. effusion | | | | |
| Yes | 95.7 ± 2.4 | 0.65 | 90.1 ± 4.8 | 0.37 |
| No | 95.8 ± 2.2 | | 90.8 ± 4.4 | |
| Duration | | | | |
| ≤15 min | 96.3 ± 1.8 | 0.15 | 92.2 ± 4 | 0.009* |
| >15 min | 95.7 ± 2.5 | | 90 ± 4.3 | |
| EBL | | | | |
| Yes | 95.3 ± 2.9 | 0.01* | 89.1 ± 5.4 | 0.03* |
| No | 96.2 ± 1.8 | | 91.7 ± 3.4 | |
| Intervention | | | | |
| Complex | 95.6 ± 2.4 | 0.04* | 90.3 ± 4.5 | 0.13 |
| Simple | 96.7 ± 1.9 | | 91.9 ± 3.9 | |

* Statistically significant.

Values are expressed as mean ± standard deviation. T-test was performed to compare the ventilation parameters between the subgroups.

Tc: Transcutaneously measured values, y: years, EBL: Endobronchial lesion, FEV₁: forced expiratory volume in 1 second, FVC: forced vital capacity.

cy signs during bronchoscopy, especially in oxygen supported cases in which carbon dioxide retention can develop even if SaO₂ is within the confident interval (5). The highest tolerable PaCO₂ level during FOB is not known. In patients with severe COPD, sedation can cause carbon dioxide retention (12). Respiratory complications associated with FOB are more common in patients with severe COPD (13). In our study, 16 patients had COPD, and 11 of these patients were found to have <50% FEV₁. However, there was no statistically significant difference between the patients with and without COPD in terms of ventilation parameters. This may be because before the procedure, we treated these patients with

nebulas in order to prevent possible bronchospasm. In addition, as the BTS guidelines recommend, we performed continuous monitorization of the patients and provided controlled oxygen support throughout FOB.

Since an arterial blood gas analysis shows the instant values of ventilation, monitoring of ventilation during the whole procedure is not possible. Therefore, recently, one of the main goals is to develop new techniques to monitor PCO₂ levels. The end-tidal carbon dioxide pressure measurement is another technique to monitor ventilation, which is well correlated with PaCO₂ in intubated patients (10,14).

However, during endoscopic procedures, some factors, including involuntary patient movements, cough, and ventilation switch between the nose and mouth can cause artefacts in end-tidal carbon dioxide values or false interpretations (10). In 1951, it was shown that when the skin reached the highest tolerable temperature (45°C), the skin blood flow increased and the surface oxygen level reached the arterial oxygen level (15). Since then, some transcutaneous devices have been developed to monitor carbon dioxide and oxygen level simultaneously using small clips placed on the distal parts of the body, such as the earlobes (16). Studies have demonstrated that transcutaneously measured $TcPCO_2$ values are well correlated with $PaCO_2$ values measured by an arterial blood gas analysis (17-19). Similarly, in our study, the statistical analysis revealed a correlation between the $TcPCO_2$ values measured by the sensor and the arterial blood $PaCO_2$ levels.

Previous studies monitoring PCO_2 and SpO_2 during FOB showed that the PCO_2 levels increased during this procedure (1,3). The authors interpreted this increase in PCO_2 levels as an early sign of respiratory depression. In our study, we found that the mean and peak $TcPCO_2$ values were higher in men compared to women ($p=0.0027$). Certain factors, including a smoking history and presence of a mass on imaging are more common in men, which must may also be the reason why respiratory depression signs are more common in this group. Smoking is associated with the worsening of ventilation and some respiratory symptoms that are increasing with the number of pack-years (20). In the present study, it was found that the mean $TcPCO_2$ was higher in the patients with a history of smoking more than 20 pack-years ($p=0.002$).

According to our results, the patients with masses in their imaging findings ($n=36$) had statistically significantly lower mean and lowest $TcSO_2$ values than those without any mass ($p=0.01$ and $p=0.008$, respectively). It is also notable that the difference between the mean and lowest $TcSO_2$ values was higher in the patients with endobronchial lesions than those without these lesions (6.20 ± 3.50 vs. $4.55 \pm 2.87\%$, $p=0.03$). Credle et al. determined that major complications and mortality rates of FOB were fairly rare at 0.08 and 0.01%, respectively. Most cases seem to be preventable, and therefore proper monitoring is essential. Premedication and topical anesthesia dosage must be restricted in order to avoid respiratory depression or systemic toxicity (21).

In 2006, Chhajed et al. assessed the association between the FOB duration and PCO_2 levels. The authors reported that there was no significant relationship between the FOB duration and increased PCO_2 levels (3). According to our results, although the $TcPCO_2$ values were higher in the patients whose procedure lasted longer than 15 minutes, the difference was statistically non-significant (41.01 vs. 39.24 mmHg, $p=0.32$). In the patients with FOB duration of more than 15 minutes, the mean $TcSO_2$ was lower, and the difference between the mean and minimum $TcSO_2$ values was higher ($p=0.009$ and $p=0.01$, respectively).

CONCLUSION

It is not easy to detect patients at higher risk of developing hypoventilation during FOB. The pathophysiology underlying hypoventilation during FOB is multifactorial. PCO_2 remains the best indicator of ventilation, and it is clear that monitoring of PCO_2 is essential to detect hypoventilation.

Our results support the feasibility of the transcutaneous measurements of PCO_2 and SpO_2 . We identified male gender, presence of endobronchial lesions, heavy smoking, and longer FOB duration (>15 min) as risk factors for developing hypoventilation during the procedure. We consider it essential that patients with these risk factors are monitored for SpO_2 and PCO_2 during FOB. However, larger and prospective studies are needed to confirm our results.

Ethical Committee Approval: The approval for this study was obtained from institutional review board committee of University of Health Sciences, Diskapi Research and Training Hospital, Ankara (Decision no: 33.02 Date: 12.12.2016).

CONFLICT of INTEREST

The authors of this manuscript declare that they have no conflict of interest.

AUTHORSHIP CONTRIBUTIONS

Concept/Design: MYS, HF

Analysis/Interpretation: MYS

Data Acquisition: MYS

Writing: MYS

Critical Revision: HF, EBK

Final Approval: MYS, HF, EBK

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